

Coaching for CHANGE



Have you ever got stuck ?

Do you believe there is something out there waiting for you ?

What is Coachee's Role ?

The most successful coaching partnership begins with a client who has a clear idea of what he wants to accomplish and is open to collaboration and new perspectives. As a coaching client, your role is to :

- Create the coaching agenda based on personally meaningful goals.
- Assume full responsibility for your own decisions and actions.
- Use the coaching process to promote possibility thinking and perspectives.
- Engage big-picture thinking and problem-solving skills.
- Take the tools, concepts, models and principles provided by your coach and engage in effective forward actions.

What do you want to accomplish?
What would you start today if you knew you could not fail?
What is holding you back from achieving your goal?



Everyone has goals they want to reach, challenges they are striving to overcome, ideas that need a roadmap and times when they feel stuck.

A growing number of individuals are turning to professional coaching for support in identifying and living out their vision and purpose so they can be the best versions of themselves. Partnering with a professional coach can unlock your potential and set you on the path to thriving personally and professionally.

What is coaching ?

ICF defines coaching as partnering with clients in a thought-provoking and creative process that inspires them to maximize their personal and professional potential. Coaching is a client-driven process. The coach's responsibility is to :


- Discover, clarify and align with what the client wants to achieve
- Encourage client self-discovery
- Elicit client-generated solutions and strategies
- Support the client's responsibility and accountability

The coaching process helps the clients improve their outlook on work and life, while improving their leadership skills and unlocking their potential.

“What most impress me about my coach is his level of energy and enthusiasm. He shows these characteristics in every coaching session. His listening and questioning skills help me – and my team – discover new insights and develop strategies for future development. In every coaching session, he creates a safe, comfortable environment. His high integrity, energy, openness and humor make him an empower coach.”



Drago Dervaric, CEO
Saubermacher & Komunala D.O.O.

A photograph of two men in dark suits sitting on ornate white metal chairs on a stone terrace. They are facing each other in conversation. The background shows a scenic view of a valley with a town and mountains under a cloudy sky. A stone building with a tiled roof is visible on the left.

“Coaching is a guided process where somebody helps you through a power of questions and active listening come to your own conclusions. You help to get your own answers. And these are the best answers because you are the expert for yourself. I think coaching is the leadership style of the future.”
– Janez Hudovernik – ICF ACC Coach (Slovenia)

Why should I partner with a coach?

If you want to take advantage of an opportunity or challenge, feel stuck on the path to achieving your goal or simply believe there is something more to discover in your personal or professional life, partnering with a professional coach could be beneficial for you.

According to 2014 ICF Global Consumer Awareness Study, these are benefits :

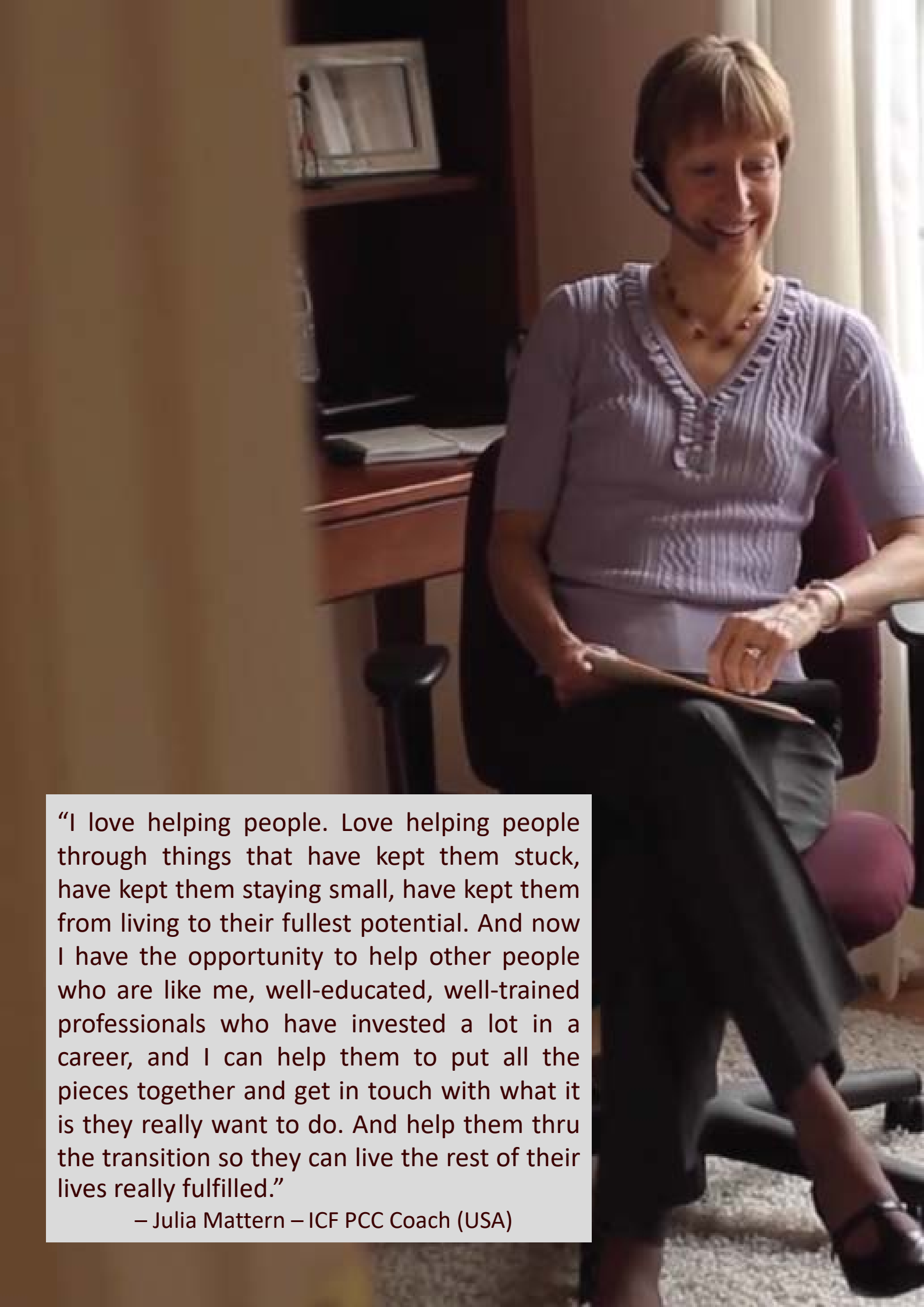
- Energizing team productivity
- Empowering team collaboration
- Managing work-life balance
- Maximizing potential
- Developing leadership skill
- Enhancing emotional skill
- Improving communication skill
- Increasing self-confidence

“As a result of coaching, I learned to listen, respect and live true to my inner voice (my true self). Thanks to coaching, my lifestyle made a 180-degree turn. My ICF Coach always applied both coaching Skill and life experience very appropriately to lead me to where I needed to go. I respect his ethical and well-mannered coaching approach”.



– Takeshi Horiuchi –

Independent Business Owner



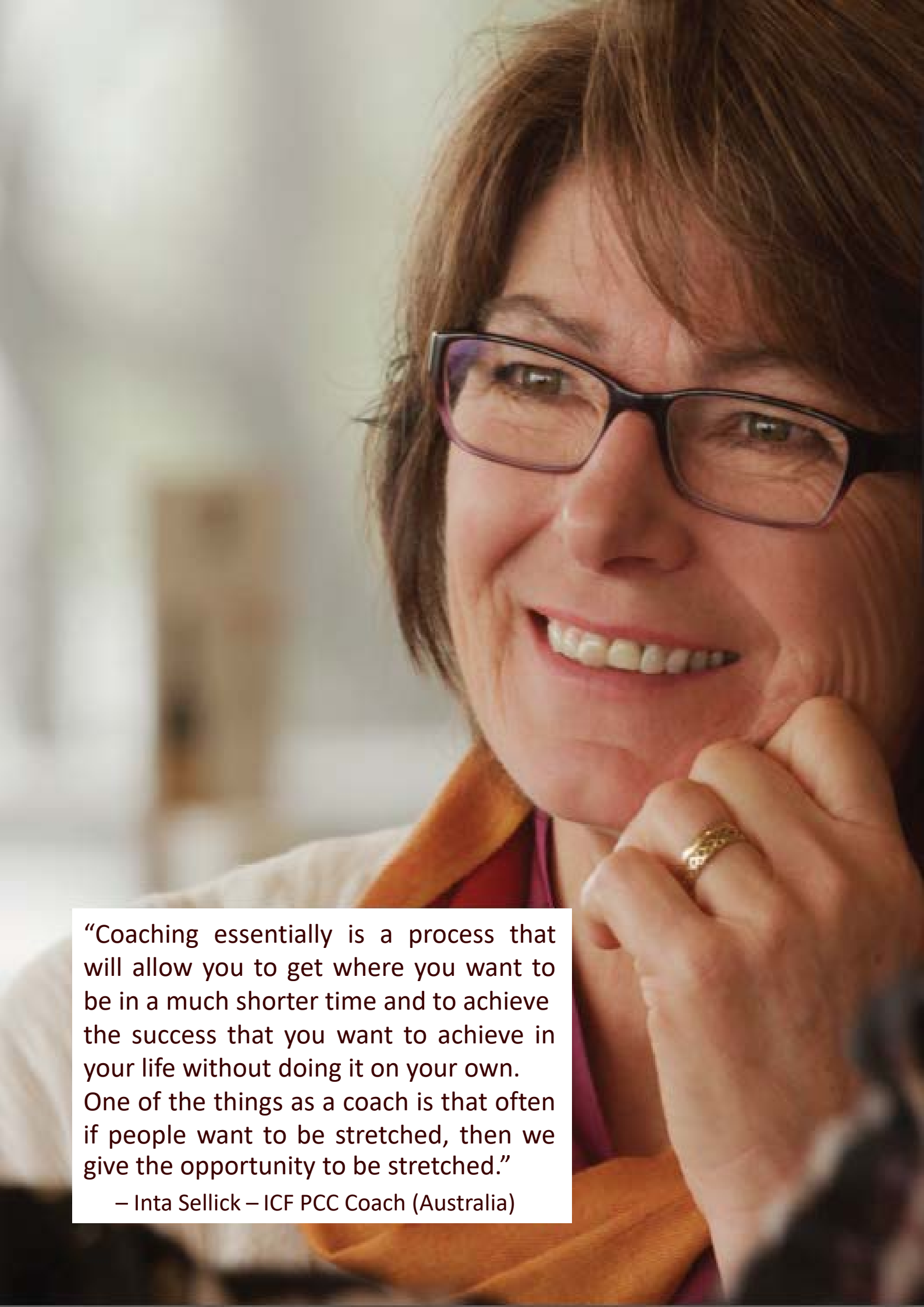
“I love helping people. Love helping people through things that have kept them stuck, have kept them staying small, have kept them from living to their fullest potential. And now I have the opportunity to help other people who are like me, well-educated, well-trained professionals who have invested a lot in a career, and I can help them to put all the pieces together and get in touch with what it is they really want to do. And help them thru the transition so they can live the rest of their lives really fulfilled.”

– Julia Mattern – ICF PCC Coach (USA)



“...I love the moment when my coachee get an ah-ha moment or realizes I need to change or even, I want to change. And then starts this passion. I see passion coming from them that they would like to make changes.”

– Kentaro Hayashi – ICF ACC Coach (Japan)



“Coaching essentially is a process that will allow you to get where you want to be in a much shorter time and to achieve the success that you want to achieve in your life without doing it on your own. One of the things as a coach is that often if people want to be stretched, then we give the opportunity to be stretched.”

– Inta Sellick – ICF PCC Coach (Australia)

Coaching for **CHANGE**



No more 'stuck'  Coaching Service for **CHANGE** 

Optimizing Work Performance

Managing Work / Life Balance

Maximizing Potential

Improving Management Strategies

Expanding Career Opportunities

Increasing Self-Confidence

Defining Strength and Weakness

Achieving Development Goals



Executive Coach & Trainer

Coach KC : Dr. Chyapa Bhiromnam
Founder and Director : CoachPlus Academy

Credentialed Coach from global leading institutes

Credentials



- Professional Certified Coach (PCC) International Coaching Federation, USA
- Certified Executive Coach : MGSCC : Marshall Goldsmith, USA
- Certified Team Coach : Marshall Goldsmith, USA
- EQ Coach, EQ Assessor, Brain Profile : Six Seconds, USA
- Career & Executive Coach : Goal Imagery Institute, USA
- NLP Coach : International Trainers Academy of NLP, USA
- Enneagram Coach : Thailand Coaching Institute
- Success Coach : Michael Bolduc International, USA
- Consultant : Core Values & Corporate Culture : CEO Sage, USA
- Search Inside Yourself : Search Inside Yourself Leadership Institute, USA
- Unleash The Power Within 2561 : Tony Robbins – World # 1 Coach, USA
- Introduction of Psychology : Yale Institute, USA
- Conflict Transformation : King Prajadhipok's Institute
- Professional Coach Certification Program : TCI
- Brain-Based Coaching : TCI
- Positive Psychology Coaching : TCI
- Group Coaching and Team Coaching : TCI
- Creating A Strong Coaching Culture : TCI

President

ICF Bangkok Charter Chapter : Year 2019



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