



พลังจิต
แห่งการโค้ช

Coaching Certification Program



**MIND
Power®**

Coaching Certification Program

พลังจิตแห่งการโค้ช



**LEVEL 1
Application**

**70 Hours
Intensive
Coach Training
Program
with 1 Year
Mentoring
Program**

Earn ICF Credential



**ICF Credentials add legitimacy
to your coaching practice and
boost your bottom line.**



PROFESSIONAL COACH

AND WE'LL BACK YOU UP.



**MIND
Power®**

พลังจิตแห่งการโค้ช

Certification Program from ICF

**LEVEL 1
Application**

**70 Hours of Learning and Practicing with
1 Year Mentoring Program**



People have goals that they want to reach, challenges they are striving to overcome, ideas that need a road map and time when they feel stuck.

WHAT should they do ?

A growing number of individuals are turning to ICF professional coaches for support in driving them to their dreamed lives and overcoming their obstacles.

ICF Coaches are true partners who have faith and belief in their Coachees. They have skills and talents in evoking awareness, unlocking mindset and unleashing potential of their Coachees resulted in creating new insights, new learnings and inspiration to transform themselves for their best.



พลังจิตแห่งการโค้ช

Coaching

LEVEL 1
Application

Certification Program

MindPower[®] Coaching uses the simple but powerful model in cultivating inner peace, creating awareness, unlocking mindset, unleashing potential and eliciting self solutions.

- MindPower[®] Model is the wholistic coaching model for exploring oneself in the energy of life for spiritual, unconscious and conscious mindsets, core values, emotions, behaviors and patterns of life that will transform oneself to be a special one valuable for everyone.
- Our mind is like the ocean where nobody knows whether the attracting stillness of the surface can cause any danger and destroy anything from its beneath.

Learning the wholeness coaching sciences together with the Buddhism Philosophy can cultivate your inner peace and sharpen your coaching skill. This is an exclusive coach training program from CoachPlus Academy.

Coaching is a journey



If you desire to be a coach for self-development, team development or organization development, you have to devote yourself to learn and dedicate yourself to practice. Coaching is a life-long learning.



If you desire to be an ICF Credentialed Coach, you have to comply with ICF requirements. The first step is to take the LEVEL 1 Accredited Coaching Education. “MindPower® Coaching Certification Program” is the Level 1 Accreditation for 70-hours education designed by CoachPlus Academy.



We will support you to be the initial ICF Credentialed Coach or ACC (Associate Certified Coach) thru our training and mentoring program. We will guide you to grow your coaching career by the niche in yourself.

You will be a great coach to empower your clients to transform themselves for their best. You will be compassionate in coaching and appreciate yourself for your decision to grow tremendously in your coaching career. You can start now.



**CoachPlus
Academy**

- **Application for LEVEL 1 ICF-Accredited Coaching Education**
- **“MindPower® Model” is the unique coaching model designed by CoachPlus Academy by the integration of ICF Coaching Sciences and the fundamental knowledge of Buddhism.**



**MIND
Power®**

Coaching

**LEVEL 1
Application**

พลังจิตแห่งการโค้ช

Creating Energy of Life and Spirit

70 hours of learning and practicing with mentoring program

- MindPower® Model โมเดลในการโค้ช ลิขสิทธิ์เฉพาะของสถาบันโค้ชพลัส
- ICF Core Coaching Competency ปรัชญาการโค้ช ศาสตร์การโค้ช และสมรรถนะการโค้ช
- Introduction of Psychology & Humanity ศาสตร์ด้านจิตวิทยาและมานุษยวิทยา
- Innovation of Coaching and Buddhism การบูรณาการโค้ชกับธรรมะของพระพุทธศาสนา
- Neuroscience & Brain Function for Coaching ระบบการทำงานของสมองกับการโค้ช
- Positive Psychology & Appreciative Inquiry จิตวิทยาเชิงบวก สนับสนุนสุขภาพกับการโค้ช
- Neuro Linguistic Programming (NLP) ศาสตร์ของการโปรแกรมสมองด้วยภาษากับการโค้ช
- Emotional Intelligence (EI) ศาสตร์ด้านอารมณ์ และสมรรถนะด้านความฉลาดทางอารมณ์
- Ikigai & Noble Goal อิคิไก เหตุผลของการมีชีวิตอยู่ และเป้าหมายชีวิตที่ยิ่งใหญ่ กับการโค้ช
- 7C's Communication & Feedback การสื่อสารและการสะท้อนผลลัพท์อย่างสร้างสรรค์
- Leadership & Performance Coaching การโค้ชเพื่อพัฒนาภาวะผู้นำและผลการปฏิบัติงาน
- Team Coaching & Group Coaching การโค้ชทีมและการโค้ชกลุ่มเพื่อความเป็นเลิศ
- Creating a Strong Coaching Culture กลยุทธ์ในการสร้างวัฒนธรรมการโค้ชในองค์กร
- Self-Assessment & Coaching Game การประเมินตนเองและการใช้เกมส์เพื่อการโค้ช



**MIND
Power®**

Coaching Certification Program

- Coaching Philosophy, History of Coaching, ICF Coaching Definition, Coaching Strategy, Coaching Psychology
- ICF Ethics and Core Coaching Competency
- Coaching Model, Coaching Mindset, Coaching Focus and Coaching Value
- Neuroscience & Brain Functions, Emotions Expression and Body Language for Coaching
- “MindPower® Model” : Coaching Sciences and Buddhism Philosophy
- Coaching for Inspiration : Leadership Development , Performance Development and Employee Engagement
- Cultivating Trust & Intimacy with the science of NLP USA
- Mindfulness, Deep Listening, Powerful Questioning and Summarizing
- Encouraging Ownership and Facilitating Clients Growth
- Team Coaching, Group Coaching and Feedback & Feed Forward
- Activities for Self Assessment and Core Values Exploration
- Quadrant of Emotional Intelligence
 - Personal Dimension
 - Social Dimension
- Emotional Intelligence Competencies : Six Seconds USA
- Positive Psychology & Appreciative Inquiry for coaching
- 7C’s Communication Competencies
- Ikigai, Life Purpose and Noble Goals
- Creating a Coaching Culture for Growth and Sustainability
- Coaching Tools and Coaching Games
- Pair Coaching & Group Coaching
- Real Case Coaching Demonstration
- Supporting and Mentoring Program





MIND Power[®]

4 Pillars of Coaching Competencies



A. Foundation

- 1. Demonstrates Ethical Practices**
- 2. Embodies a Coaching Mindset**

B. Co-creating the Relationship

- 3. Establishes and Maintains Agreements**
- 4. Cultivates Trust and Safety**
- 5. Maintains Presence**

C. Communicating Effectively

- 6. Listens Actively**
- 7. Evokes Awareness**

D. Cultivating Learning and Growth

- 8. Facilitates Client Growth**

Learn & Earn ICF Certificate for ICF Credentialed Coach Journey



Coaching Certification Program

LEVEL 1
Application

Why should I partner with a coach?

- Creating inner peace
- Discovering true-self in wheel of life
- Clarifying life purposes and challenges in life
- Cultivating self-awareness, insight and inspiration for life transformation
- Eliciting self-generated strategies and solutions for execution
- Encouraging ownership, responsibilities and facilitating self-growth

Research by ICF and Human Capital Institute in 2017

- Creating energy and engagement
- Strengthening relationship with team
- Developing emotional management
- Increasing teamwork effectiveness
- Developing leadership skill
- Managing work – life balance
- Improving communication skill
- Enhancing work satisfaction



MindPower[®] Coaching

- Shifting Perception
- Changing Attitude
- Unlocking Mindset
- Unleashing Potential
- Transforming Oneself

“As a result of coaching, I have learned to listen, respect and live true to my inner voice (my true self). Thanks to coaching, my lifestyle made a 180 degree turn.
My ICF Coach always applied both his coaching skill and life experience very appropriately to lead me to where I needed to go. I respect his ethical and well-mannered in his coaching approach”.

- Takeshi Horiuchi -
Independent Business Owner





**MIND
Power[®]**

**The
Power
of
Your
Mind
Will
Lead
You
to
Your
Destiny**

find
your
Way

Executive Coach & Trainer

Coach KC : Dr. Chyapa Bhiromnam

Founder and Director : CoachPlus Academy

Credentialed Coach from global leading institutes

Credentials



- Professional Certified Coach (PCC) International Coaching Federation, USA
- Certified Executive Coach : MGSCC : Marshall Goldsmith, USA
- Certified Team Coach : Marshall Goldsmith, USA
- EQ Coach, EQ Assessor, Brain Profile : Six Seconds, USA
- Career & Executive Coach : Goal Imagery Institute, USA
- NLP Coach : International Trainers Academy of NLP, USA
- Enneagram Coach : Thailand Coaching Institute
- Success Coach : Michael Bolduc International, USA
- Consultant : Core Values & Corporate Culture : CEO Sage, USA
- Search Inside Yourself : Search Inside Yourself Leadership Institute, USA
- Unleash The Power Within 2561 : Tony Robbins – World # 1 Coach, USA
- Introduction of Psychology : Yale Institute, USA
- Conflict Transformation : King Prajadhipok's Institute
- Professional Coach Certification Program : TCI
- Brain-Based Coaching : TCI
- Positive Psychology Coaching : TCI
- Group Coaching and Team Coaching : TCI
- Creating A Strong Coaching Culture : TCI

President

ICF Bangkok Charter Chapter : Year 2019



CoachPlus Academy : Academy of Inspiration

สถาบันโค้ชพลัส : สถาบันแห่งการสร้างแรงบันดาลใจ

Mission : Transforming People For Their Best

We provide a turnkey solution for People Development

Coaching – Mentoring – Training – Consulting



**CoachPlus
Academy**

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